



**JUNAYA**

Family Development  
Services

Contact:  
ph: 9621 3922  
fax: 9831 7966  
info@junaya.org.au

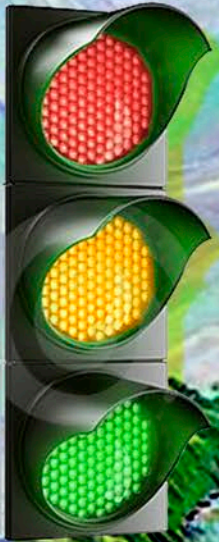
Address:  
PO Box 8481  
BLACKTOWN NSW 2148

JUNAYA FAMILY DEVELOPMENT SERVICES

www.junaya.org.au

**A FREE SOCIAL SKILLS PROGRAM FOR KIDS**

# Stop, Think, Do



## WHY DO the STOP, THINK, DO PROGRAM?

*Because children learn better when they have positive social interactions and this is important both with other children at school and also their teachers.....*

## THE PROGRAM AIMS TO HELP CHILDREN LEARN TO:

*Develop positive social skills that will assist them in forming and maintaining friendships - both in their school and other areas of their lives.*

## SESSION TOPICS:

- ▶ Listen and talk with others
- ▶ Understand other people's feelings
- ▶ Express their own feelings appropriately
- ▶ **STOP and THINK** before they act, and therefore, make positive choices and decisions
  - ▶ Make and keep friends
  - ▶ Learn self-assertive skills in how to assert themselves positively
  - ▶ Cope with and learn strategies to deal with negative pressure, teasing and bullying
  - ▶ Work in groups and help each other

**CHILDREN FROM ALL AREAS WELCOME**

## When:

Dates: 4/05/17 - 22/06/17

Times: Thurs 3:45 - 5:30pm

## Duration:

8 x weeks

## Venue:

Doonside Public School  
Kildare Rd, DOONSIDE

## Age Group:

10 to 12 Years Old

**BOOKINGS ESSENTIAL**



For further information, expressions of interest & to make bookings,

**Please phone: 9621 3922**