

Raising Healthy DIGITAL Teenagers

for parents | carers



Mon 19 JUN 2017 | 6PM-8PM
WESTPOINT COMMUNITY ROOM
Level 4, Westpoint Centre, Blacktown 2148

FREE PARENTS and CARERS ARE INVITED TO ATTEND THIS EVENING SEMINAR

HOW TO RAISE HEALTHY DIGITAL (11-18 year olds) | TOPICS include:

- ▶ CYBER ISSUE RELATING TO SOCIAL MEDIA
- ▶ DEALING WITH LOW SCHOOL ATTENDANCE DUE TO ALL NIGHT GAMING
- ▶ RAISING TEENAGERS IN A SEXUALISED SOCIETY
- ▶ SETTING POSITIVE & HEALTHY BOUNDARIES SURROUNDING USE OF TECHNOLOGY

Seminar delivered by: **COLLETT SMART**

Program Status: **OPEN**

Collett is a registered Child & Adolescent Psychologist who has been delivering seminars and working with families and young people in UK, USA and Australia for over 20 years.

Collett is well known in the media for her TV & Radio Interviews on the issues impacting families with children growing up in a digitally saturated society.

for more INFORMATION or TO BOOK - Contact JFDS on 9621 3933

BOOKINGS ESSENTIAL



- ① venue next to 'Playtime'
- ① with free 3 hour parking