

# Anti-bullying

workshop

**Fri 30 JUN 2017 | 9AM-3PM**  
**QUAKERS HILL HIGH SCHOOL**

**THE MAIN AIM OF THIS WORKSHOP IS TO BUILD RESILIENCE IN YOUNG PEOPLE**

THE ANTI BULLYING WORKSHOP WILL COVER TOPICS INCLUDING:

- ▶ PROFILING THE BULLY
- ▶ STRENGTHS AND SELF ESTEEM
- ▶ COMMUNICATIONS SKILLS
- ▶ BUILDING SUPPORT NETWORKS and
- ▶ A PERSONAL PROTECTION PLAN

**Presented by: Kenneth Nathan from Interventions Plus**

Program Status: **CLOSED**

**For more INFORMATION Contact JFDS on 9621 3933**

**visit our website: [www.junaya.org.au](http://www.junaya.org.au)**

**A FREE JFDS USB wristband for each student**

**This workshop is for Students from Years 7 - 10**

